

## MULTI-FACTOR AUTHENTICATION

# A stolen passphrase shouldn't be enough

MFA asks for a second proof that it's really you. Even if someone gets your passphrase, they're stuck at the door.

## 1 Turn it on everywhere

Start with email, banking, payroll, and social media. Email first: it resets everything else.

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## 2 Best: passkeys or security keys

Phishing-resistant. There's nothing to type, so there's nothing to hand to a fake site.

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## 3 Great: an authenticator app

Codes or number-matching prompts on your phone.

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## 4 Better than nothing: text codes

Still worth turning on if it's the only option.

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## 5 Didn't start it? Don't approve it.

A surprise prompt means someone may have your passphrase. Deny it, report it, and change the passphrase.

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## 6 Never read a code to anyone

No real help desk, bank, or boss will ask for your MFA code.